

Bring On The Love With Aromatherapy Candles

When you are trying to incite a romantic mood you need to have some good quality aromatherapy candles to arm yourself with. These aromatherapy candles will be what makes or breaks your romantic evening. You need to take special care when choosing the aromatherapy candles that you want to use as well. There is nothing like a terrible smell to turn someone off and nothing like a great one to turn them on. The trick is to know which is which. Remember that what smells good to you may not smell good to your partner.

When you are in the planning stages of your special night you need to find out what kinds of smells will thrill your partner. Men often respond well to vanilla. Some experts even claim that vanilla scents are a male aphrodisiac. So if your partner is a male then you may want to get yourself some great vanilla aromatherapy candles. These will get him in the mood right as he walks in the door.

What makes vanilla such a good choice of aromatherapy candles is that it appeals to almost anyone, both men and women. Very few people dislike vanilla aromatherapy candles and they will not take away from anyone's appetite. If you have some of these aromatherapy candles burning they will even make your dinner taste better. They put people in such a good mood and they make them hungry as well.

You can place your aromatherapy candles all over the house, but only in the rooms that you plan on spending some time in. You may want to mix in your aromatherapy candles with other non-scented candles. If you have too many aromatherapy candles around the scent can become overwhelming and that is never good. You want your scented rooms to be subtle and stimulating. So one or two aromatherapy candles in a room at

one time is a good idea.

You should also take care with the aromatherapy candles that you choose. If you want to mix the candle scents you need to watch carefully. Some scents will not mix together well at all. Before you have your special and romantic evening you need to test the smells together to see if they blend well. This is vitally important to your entire evening.

You may want to have your candles on the actual dinner table be regular non scented candles. Having aromatherapy candles on the table is probably not a very good idea as it can interfere with the flavors of the dinner itself. So keep the aromatherapy candles away from the dinner table and your dinner will be a bigger hit.

You can have aromatherapy candles in the bedroom as well but do not light these before you get in that room. You should never leave candles unattended for too long, especially if you have pets. They could knock them over and start a fire. Proper aromatherapy candle safety is necessary at all times.